



PEAK PERFORMANCE
CONSULTING GROUP

Leading Peak Performing Teams

The ultimate leadership program to increase employee motivation, improve team cohesion, and sustain high performing teams

Format: Corporate in-house program (In-person or online)

Overview

“Everything rises and falls on leadership” - John Maxwell, best-selling author and speaker

This program focuses on developing vital leadership skills to be able to **increase and sustain your team’s motivation and performance, improve their effectiveness and cohesion, and create world-class teams.** The content combines personal mastery or self-leadership principles with foundational leadership “leading others” skills. Further, we train leaders on how to navigate the changing landscape of their organization and their teams and adapt their leadership style accordingly.

Leading Peak Performing Teams is being offered in three packages, depending on the needs of your organization. While the content of the program is heavily evidence-based, participants can expect that the learning will be experiential and engaging with emphasis on how the concepts can be applied in their workplace.



Key Takeaways

- Understand the basics of personal mastery and effective leadership
- Lead authentically by connecting to your deepest values and strengths
- Learn and apply the four drivers of intrinsic motivation to optimize team performance

- Effectively lead your team amidst change
- Influence the factors needed to create cohesive teams

Benefits of the Workshop

- Leaders will be able to acquire the mindset and skillset needed to effectively lead their team to peak performance
- Change agents will be able to gain the strategies needed to spearhead any change effort
- Managers will learn how to leverage on their team's strengths, manage conflicts, and increase team cohesion

Who Should Attend

This program is for current and potential leaders who want to continuously grow and improve in their effectiveness to lead and sustain high performing teams. It is also for those who want to crystalize their personal and professional vision as they work on achieving organizational goals.

Investment: Three Packages

I. Essentials Package: Three-hour leadership and personal mastery workshop; pre-workshop strengths survey

What you will learn:

- Understand the basics of effective leadership
- Lead authentically by connecting to your deepest values and strengths
- Understand the basics of intrinsic motivation to increase team performance
- Learn the four leadership styles and when to use each one

Price: Php130,000.00 + VAT (maximum of 30 participants per program)

II. Mastery Series: 6-month program; two on-site workshops, live online modules, and one-on-one coaching sessions (5 sessions per participant, 1-hour per session) + 360-degree feedback report, pre-workshop strengths survey

What you will learn:

- Acquire the heart and mind of an authentic leader
- Understand the four drivers of intrinsic motivation and how to use them to increase and sustain your team's performance
- Improve team effectiveness and cohesion
- Manage team conflicts effectively
- Increase your ability to influence other people
- Master how to make better decisions
- Increase individual and team resilience amidst change

Price: Php55,000.00 + VAT per participant (minimum of 10 participants per program)

Sample Schedule: 6-Month Program

Note: Live online sessions will occur twice a month



III. Transformation Package: 12 to 18-month program; everything included in the *Mastery Series* plus a cultural transformation program

What you will learn:

- Outcomes stated in the *Mastery Series*
- Company culture that is aligned with the overall business strategy
- Key objectives of the change process (e.g., reduced attrition, higher engagement, optimized job design, decrease in burnout rate, increased diversity)

Note: This is a highly customized program and key outcomes will depend on your strategic objectives.

Price: Starting at Php5,500,000.00 (USD 97,000) + VAT, depending on the size of your company and your overall objectives.

Comparison of Packages

| ESSENTIALS PACKAGE | MASTERY SERIES | TRANSFORMATION PACKAGE |
|---|---|---|
| <p>Pre-workshop survey</p> <ul style="list-style-type: none">VIA Character Strengths survey | <p>Pre-workshop survey</p> <ul style="list-style-type: none">VIA Character Strengths survey360-degree feedback + generated report | <p>Pre-workshop survey</p> <ul style="list-style-type: none">VIA Character Strengths survey360-degree feedback + generated reportOrganizational Culture Assessment Instrument (OCAI)Facilitation of focus group discussionsInterview with key stakeholders |
| <p>Workshop</p> <ul style="list-style-type: none">Three hours via online or on-site | <p>6-month program</p> <ul style="list-style-type: none">Two on-site workshopsLive online modules, 2x a month, 2.5 hours each sessionOne-on-one coaching sessions (Minimum of 5 sessions per participant) | <p>12 to 18-month program</p> <ul style="list-style-type: none">Everything included in the <i>Mastery Series</i>One-day workshop to guide leaders on the change processTwice-a-month meetings with key stakeholdersCreation of a communication planOne-day workshop to disseminate communication planStrategy to identify and remove barriers to changeWorking with individual teams to revise norms and processesReinforcement and reward strategy to motivate the achievement of key milestones |
| <p>Participants can achieve the following:</p> <ul style="list-style-type: none">Lead authentically by connecting to your deepest values and strengthsUnderstand the basics of intrinsic motivation for increased performanceLearn the four leadership styles and when to use each one | <p>Participants can achieve the following:</p> <ul style="list-style-type: none">Acquire the heart and mind of an authentic leaderUnderstand the basics of intrinsic motivationBuild and sustain peak performing teamsManage team conflicts effectivelyIncrease your ability to influence other peopleIncrease individual and team resilience amidst change | <p>Participants can achieve the following:</p> <ul style="list-style-type: none">Outcomes stated in the <i>Mastery Series</i>Company culture that is aligned with the overall business strategyKey objectives of the change process (e.g., higher engagement, improved hiring process, optimized job design, increased diversity, etc.) |

Program Facilitators



Yasmin Gonzales
Co-Founder | Partner
Peak Performance Consulting Group

Yasmin has a Master (ALM) degree from Harvard University, in Industrial-Organizational Psychology. She was awarded the Dean's List Academic Achievement Award for graduating with a 4.0 GPA.

Her research interests include intrinsic motivation, personal and organizational resilience, power and influence, and leadership.

Yasmin is also an adjunct faculty member at the Asian Institute of Management (AIM), teaching social influence and motivation.



Joanne Endaya
Co-Founder | Partner
Peak Performance Consulting Group

Jo has a Master in Business Administration (MBA) from Queen's University. Her strengths are in operations and people management.

Jo's mission is to help people discover their value and self-worth in becoming better and happier people.

Further, Jo is a business owner and a yoga teacher. She co-founded Happy Helpers, a professional cleaning company that provides livelihood for urban poor communities in Taguig.

Contact Information

Learn more about this program: Book a free consultation call

yasmin@peakperformance-consulting.com | joanne@peakperformance-consulting.com

 peakperformance-consulting.com